



Cranbrook Town Council Community response to Covid-19

We are working hard to ensure all members of the community, who are vulnerable, will continue to have access to food and medicine. We would first like to thank the tremendous response from our community for their continued efforts. Please read below for information related to Cranbrook services.

1. Food shortages

We are currently working together with Exeter Food Bank and Grow Eat Do to ensure we will not have food shortages in Cranbrook. We have a fully operational food bank which is run from Younghayes library. Should you need assistance with food please contact:

- **Community Development Worker:** cdw@cranbrooktowncouncil.gov.uk
- **Cranbrook Town Council** – 01404 514552 / 07746909933
office@cranbrooktowncouncil.gov.uk
- **Grow Eat Do** - <https://www.facebook.com/groweatdo.cranbrook>

Useful information:

Exeter Food Bank – 07818226524 / <https://exeter.foodbank.org.uk/>

Broadclyst Food Bank – 01392 360269 /
<https://www.broadclyst.org/community/coronavirus>

Olio App - you will find millions of people giving away food & other household items to their neighbours, all for free. Fight waste. Help your neighbours. Save our planet.

<https://olioex.com/about/>

2. Health and Wellbeing

It is important we take the best care possible regarding our health to alleviate strain on the NHS. Please check all health and COVID-19 information from every organisation before leaving home. For more information, click the links below:

GP and online services – <https://www.cranbrookmedicalpractice.nhs.uk/wp-content/uploads/sites/598/2020/02/po-getting-started.pdf>

Request Services on-line – <https://systmonline.tpp-uk.com/2/RequestOnlineServiceAccess>

Repeat Medication - <https://www.cranbrookmedicalpractice.nhs.uk/#>

Useful information:

Cranbrook Medical Centre D-CCG.CranbrookMedical.Centre@nhs.net /
01404 819207

Cranbrook Pharmacy – 01392 986344

Tesco Pharmacy (Exeter) – 01392 819207

NHS Volunteer Responders Phone: 0808 196 3646 (8am to 8pm, 7 days a week).
web: nhsvolunteerresponders.org.uk

Mental Health essential numbers

- Cornerstone Church Cranbrook (Bereavement) 07845736420 (text is best) /
ministercranbrook@gmail.com
- Samaritans 116 123
- Mind 0300 123 3393
- Calm 0800 58 58 58
- Women's Aid 0808 2000 247
- Age UK 0800 678 1602
- Childline 0800 1111
- YoungMinds 0800 018 2138

3. Extremely Vulnerable or self-isolating Deliveries

This service is for vulnerable residents who are self-isolating due to Covid-19 Symptoms or have underlying health conditions as stipulated in the government guidelines.

For medication deliveries - please let Cranbrook Pharmacy aware you cannot pick up your medication due to self-isolation and discuss delivery options.

For food deliveries please explore online services in the area who deliver food

- For food deliveries (not food bank) please contact the Cornerstone church Cranbrook: 07845736420 (text is best) ministercranbrook@gmail.com

For general information please email cdw@cranbrooktowncouncil.gov.uk or phone 01404 514552 / 07746909933

Useful Information

J and R foods – Next day delivery to Cranbrook – Orders can be made by phone 01392 445510 / <https://www.jrfoodservice.co.uk/>

National supermarkets can make priority booking made for Extremely Vulnerable or self-isolating households. <https://eastdevon.gov.uk/coronavirus-covid-19/community-support/how-can-i-get-help-with-food-deliveries/>

4. Schools

Schools will remain open for children of Critical Workers. For a description of Critical Worker please go to: <https://www.gov.uk/government/publications/coronavirus-covid-19-maintaining-educational-provision/guidance-for-schools-colleges-and-local-authorities-on-maintaining-educational-provision>

5. Volunteering

Please email Aynsley Jones Community Development Worker at cdw@cranbrooktowncouncil.gov.uk for a volunteer form.

6. Funding

Business Support - <https://www.gov.uk/business-coronavirus-support-finder>

7. Useful Numbers

East Devon District Council Community Support Hub phone: 01395 571 500 (8.30am - 5pm) email: csc@eastdevon.gov.uk web: eastdevon.gov.uk/community-hu

Devon County Council Services phone: 0345 155 1015 (general enquiries line) email: customer@devon.gov.uk web: devon.gov.uk/coronavirus-advice-in-Devon