



GRANT QUESTIONNAIRE

Please complete electronically and send to clerk@cranbrooktowncouncil.gov.uk or in hard copy and return to the Town Clerk, Cranbrook Town Council, Younghayes Centre, 169 Younghayes Road, Cranbrook EX5 7DR. Thank you.

Why we are asking you to complete this

A few months ago, your organisation or group received grant funding from Cranbrook Town Council.

As part of that process, and as explained in our Grants Policy, all organisations receiving a grant are required to complete this questionnaire to the Town Council no later than six months after it was awarded, showing how the money was spent and how you achieved your outcomes.

The sum you received was given on behalf of the residents of the town, so this questionnaire is an important way in which we assess the success of the grant made and how it benefitted those living here.

Please answer the questions as fully and as honestly as you can and continue your answers on a separate sheet or expand the text area if you need more room. You are asked to return your questionnaire within six months of receiving your grant. You might find it helpful to refer to the Grants Policy document which can be found on the Community Organisations/Grants Policy page of our website www.cranbrooktowncouncil.gov.uk.

1. Please explain who benefitted from your project/event/initiative.

We ran two groups in Cranbrook: Mothers-in-Mind and Family Wellbeing Group. Both groups started in Cranbrook in Sept 2023 and take place once a week at the Cranbrook Education Campus. Home-Start supports families with young children who are struggling to cope and who may be living with a complex mix of issues. Mothers-in-Mind is for women struggling with their mental health in the perinatal period. The Family Wellbeing Group is for all the family, encouraging social/emotional development in children and strengthening parent/child relationships.

2. Did you achieve the aims you set out in your application? If so, please explain how. (If not, please explain why this was not possible. (The Town Council will contact you should it require further information).

We have successfully run the two groups over the past 6 months and feedback from families attending has been positive. Our evaluations show that families are stronger after our support because they tell us that they feel less isolated and both parents and children have made new friendships, built networks and feel better connected with their local community; • children are better equipped to reach their developmental milestones; gain confidence and other developmental skills; • parents feel more in control of family

management – we have run sessions on energy advice and efficiency and income maximization alongside ECOE and Citizens Advice; • parents' mental health and resilience improves and family relationships are strengthened.

3. How did your project benefit the town and residents of Cranbrook in real terms? (Please be as specific as possible and provide, for example, uptake to event/s, details of numbers who participated etc.)

We currently have 28 families registered for our Family Wellbeing Group and feedback has been very positive. This means we are oversubscribed and would ideally like to expand the group to offer an extra session each week. There are 5 mums (and their babies) attending our Mothers in Mind group. Our maximum for this group is 10 as we like to keep it small. Uptake for MiM has been slower and we are looking into things which might improve attendance, e.g. changing the day.

4. Will there be any longer-term benefits (legacy aspects) of the project/event/initiative? If so, please explain those here.

We will continue to run these groups in Cranbrook as long as we have funding to do so and as demand dictates. We continually seek funding to support our whole service.

5. How did your organisation or group acknowledge and credit the Town Council's funding (a condition of the grant)? Please list all publications, media sites, websites, literature produced and Facebook posts where you placed material and, if possible, include an example of your materials.

HSEEMD Website:



Facebook posts:

New grant from Cranbrook Town Council

by Mark | Feb 14, 2024 | Front Page, News



Cranbrook Town Council generously awarded Home-Start Exeter, East and Mid Devon a grant of £1400 towards our work in the area. We have two groups, both based at Cranbrook Education Campus, to support families in the town and so we are hugely grateful to the Town Council for this funding.

Our Mothers in Mind Group is for mothers in the perinatal phase, usually referred to us by their Health Visitors, Midwives, or Perinatal Mental Health Teams. These mothers might have feelings of anxiety, depression, loneliness or OCD around the time of the birth of their child and our Group is a safe space for them to come with their babies, to meet other mothers, chat and explore strategies to improve their mental health and wellbeing.

Our Family Wellbeing Group welcomes all parents (and grandparents) with their pre-school babies and children, where we aim to build stronger parent and child attachments and support early learning and development through play.



Home-Start Exeter, East and ...

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[#thankyou](#) [#Cranbrook](#) [#Devon](#)
[#charityfunding](#)



6. Please use this space to provide feedback about your experience of applying for a grant from Cranbrook Town Council (how easy you found it, the process involved, our decision-making, whether and how you would like to work with us again etc.).

The application form was straightforward and the process clear. It was good to be able to meet with the Council to talk about our project, although this took place in the evening which is out of our normal working hours. We would very much like to continue to work in Cranbrook and look forward to liaising with the Town Council in the future.

Thank you for completing your questionnaire.